



Diocese of Wrexham



Marriage and Family Life Commission Survey for Parishes and Schools

Questionnaire to be completed by parents and carers of 0-25 year olds.

Dear Parent/Guardian,

The Marriage and Family Life Commission are committed to supporting marriage and family life within the Diocese of Wrexham. For the Commission to be able to meet the current needs of the families we serve and to be effective in our work, *we need to hear from our families!* We would be very grateful if you could complete this survey, which should only take a few minutes, to help us prioritise our work going forward.

THANK YOU!

Jeanie Larkin - Marriage and Family Life Worker and the Marriage & Family Life Commission

Please tell us who is completing this survey:

- Mother
- Father
- Guardian
- Other

Marital Status (Optional):

- Single
- Married
- Divorced
- Widowed
- Other
- Prefer not to say

Which is your preferred Social Media Platform?

- Facebook
- Instagram
- Twitter
- Pinterest
- Other
- Do not use

Please tell us the ages of your children (0-25 years) e.g. 1, 3, 5

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Parish (name and location):

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Does your parish have a Children's Liturgy?

- Yes
- No

Could your parish be more family friendly?

- Yes
- No

If your answer was YES, please tell us what changes could be made to help your family and others feel welcome:

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Are the adult members of your family in any fellowship groups? e.g. Prayer Groups, Parish Music Groups, Teams of Our Lady, Bible Study?

- Yes
- No

If your answer was YES, please describe:

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If your answer was NO and you would like to be, please tell us what kind of group/s you would be interested in attending:

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Are your children involved in any fellowship groups? e.g. Parish Parent and Toddler Group, Mini Vinnies, Parish Youth Group

- Yes
- No

If your answer was YES, please describe:

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If your answer was NO and you would like them to be, please tell us what kind of group your child/ren would be interested in attending:

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Please select any of the **FREE** courses below that you would be interesting in attending:

- CAP MONEY COURSE**
A course that will teach you budgeting skills and a simple system to successfully manage your money. In a few weeks, get to grips with your finances so you can budget, save, prevent debt and take control of your finances.
- THE EARLY YEARS**
6 Sessions designed to help you negotiate the early years with confidence and build strong family relationships for the future.
- THE PRIMARY YEARS**
6 sessions focussing on children from 5 to 11 years, helps parents look at how to support their child as they start to find out how the world works, learn how to manage their feelings, find out what they're good at and experience the consequences of keeping or breaking the rules.
- THE TEENAGE YEARS**
Bringing you hope as you chart your way through the challenges of the teenage years and the changes in the parent-child relationship. The 6 sessions are designed to help you stay connected with your teenager through understanding their world and developing good communication skills.
- CHILDREN WITH SPECIAL NEEDS**
The 7 sessions are written by parents and professionals with input from many different families with experience of children with special needs. They aim to help support you in meeting your child's needs, focussing on children aged between 3 to 11 years with a disability or special needs, particularly those who have learning, developmental and behavioural issues.
- DADS**
5 workshops focussing on the importance of dads and helping you to build an even better relationship with your children. You'll look at how you can improve your understanding of how to meet your child's needs, including learning and development. You'll explore other key aspects including building self-esteem and positive communication, setting and maintaining boundaries, and managing your child's behaviour.
- HANDLING ANGER WITHIN THE FAMILY**
4 sessions to help both parents and children understand how to manage their anger in safe and healthy ways. The first two sessions of four focus on parents, helping them to understand how to model managing their own anger before they look at helping their children to manage their anger. We look at what triggers anger and how to respond in helpful ways to avoid making things worse.
- HOW TO DRUG PROOF YOUR KIDS**
Concentrates on the important role a parent or significant caregiver can play in reducing the risk of harmful drug use. During the 6 sessions, sharing ideas with other parents and carers is a key element. Discussions are based around real-life scenarios. Each session includes space to plan any changes you want to make and from week 2, an opportunity to discuss how that's working.

- DIGITAL PARENTING AND ONLINE SAFETY**
This 90-minute session is made up of video clips and discussion time which will allow parents to gain an understanding of the online world that our children inhabit.
- A MIND OF THEIR OWN**
Building children's emotional wellbeing. Particularly aimed at parents of children aged 7 – 14 years. However, parents of younger children are also likely to find this a useful resource. A Mind of Their Own is a one-session, group resource to inform, encourage and equip parents and other significant adults to strengthen children's emotional wellbeing.
- PARENTING FOR FAITH**
To help parents discover that they are perfectly positioned to show their children the reality of a life with God and to empower them to have their own vibrant two-way relationship with Him. Through the easily accessible and relaxed input you will receive help to introduce faith in simple steps. (5 weekly online sessions).
- GETTING YOUR CHILDREN THROUGH CHURCH**
Flexible 6 session course exploring how we can help young people to find their place in church life. It takes a fresh look at what may cause young people to turn away from the church and how we can play our part in reversing this trend.
- RESTORED LIVES**
Helps people recover from relationship breakdown, supporting parents and their children through separation or divorce, when a relationship is beyond repair, to help reduce the negative effects on individuals, children and communities. These resources include an eight-session course for adults, a five-session workshop for teenagers and young adults whose parents have separated, online sessions and abuse support groups, a book, workbooks and how-to guides.
- NONE OF THE ABOVE**

Please comment below if there are any OTHER type of parenting and family courses that you would be interested in attending:

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How would you prefer to attend your selected course/s?

- In-person
- Online
- Either works for me

Please select any of the following activities that you would be interested in attending:

- MARRIAGE ENRICHMENT COURSE**
This free 'Growing in Faith Together' course is for married and engaged couples (who have completed their marriage preparation) who want to continue exploring their faith together, and to enrich their friendship and love. Online over 4 weeks.
- ONLINE GROUP BIBLE STUDY**
'Unlocking the Mystery of the Bible' helps you get the “big picture”. This course will help you discover the story of salvation history and understand how you fit into God’s plan. This eight-session study program includes video presentations that explore all twelve time periods of 'The Bible Timeline Chart' by Ascension Press.
- ONLINE SPIRITUAL READING GROUP**
Monthly online group reflection and discussion on books by various Catholic authors and saints across a range of spiritual topics such as prayer, family and vocation.
- SPIRITUAL RETREAT DAY FOR PARENTS**
A restorative healing day to reflect upon work life balance, significant relationships and personal faith.
- MOTHER & DAUGHTER DAY RETREAT**
A day to explore their relationship and faith together.
- FATHER & SON DAY RETREAT**
A day to explore their relationship and faith together.
- GROUP FAMILY PILGRIMAGE WITHIN DIOCESE OF WREXHAM**
Walk the new Way proposed with other families, planned from Wrexham Cathedral to Holywell Shrine.
- NONE OF THE ABOVE**

Please let us know if there are any OTHER faith-based activities you would be interested in attending that you feel would enrich your spiritual and family life:

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Please tick if you are interested in attending these annual Marriage and Family Life Diocesan events below:

MASS IN CELEBRATION OF MARRIAGE AND MARRIED LIFE

All couples from across the diocese are invited to come and renew their vows annually with Bishop Peter at Wrexham Cathedral. Mass intentions are also said for couples celebrating significant anniversaries and families are welcome to continue the celebration, with lunch provided, in the church hall afterwards.

ADVENT FAMILY DAY

All families from across the diocese are invited to come together (at a different location each year) on the 1st Sunday of Advent to start the season with a family picnic, advent wreath making, treasure hunt, crafts, and a special children's church service... with festive treats to finish the day.

Finally, please tell us about any other kind of events that you or your family would be interested in attending which are not listed e.g. pilgrimages, retreats, Big Church Festival, New Dawn, Flame:

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THANK YOU!

If you would like to know more about the Marriage and Family Life Commission and keep up-to-date with our events, latest family resources and free courses, please like and follow our new Facebook page at:

'Marriage and Family Life, Diocese of Wrexham'.

If you would like to give further feedback on ways in which we could support your family to grow in faith, love, fellowship and community – please feel free to leave further comments below or get in touch directly with our Marriage and Family Life Worker, Jeanie Larkin at: mfl@rcdwxm.org.uk or telephone **07542 268728**.

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Please return to: Jeanie Larkin, Marriage and Family Life Worker, Bishop's House, Sontley Road, Wrexham, LL13 7EW.